

Horizons 2008 Summer Programs



Summer Fun 2008 CAMPS Sessions

Description: Your child is going to LOVE the exciting adventures we have planned for this summer! Each week we will explore a different theme together, complete with lots of opportunities for movement, music, problem solving, working together, and indoor and outdoor fun. Our camps are designed to offer a fun, safe, and therapeutic environment for children with developmental disabilities to engage with peers, try new things, and retain skills over the summer months. A low staff to child ratio ensures that everyone is supported. Principles of the Relationship Development Intervention (RDI)[®] Program are integrated throughout all activities, which provides opportunities for campers to improve communication, increase competence, enhance regulation, and build relationships.

Summer 2008 Schedule: You may select the weeks that best fit your schedule – choose one, a few, or all of them depending on your needs and summer plans. Our camp weeks run from Monday through Thursday. Morning groups meet from 9-12 and are for children ages 4-7. Afternoon groups meet from 1-4 and are for children ages 8-12. If your child is younger than 4 or older than 12, please call to discuss your specific needs.

June 23-26: Blast Off Into Summer



June 30-July 3: Under the Big Top



July 7-10: Down on the Farm



July 14-17: Adventures in the Great Outdoors



July 28-31: Let's Experiment



August 4-7: Pirates of the High Seas



August 11-14: Wet N Wild



*Parents with children in the CAMPS program are invited to attend 2 parent-only sessions to facilitate carryover of techniques into the home environment. A session on communication strategies will be July 2 from 6:30-7:30pm and a session on guiding your child to participate in activities will be August 6 from 6:30-7:30pm. These sessions are included in the cost of the CAMPS program.

Cost: 1 Full Week Session (Monday-Thursday): \$275

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Collaborate and Create!

Ages: 11-18 (call to discuss your child's specific needs if s/he is outside of this age range)

Description: Get ready for some serious work – and lots of fun! This group tackles some major projects over the summer months. Past projects have included putting up fences, landscaping, building an adventure course, woodworking, and a variety of take-home creations. These projects provide opportunities for thinking, problem solving, communication, physical activity, working together, and building relationships. Principles of the RDI® Program are integrated through all activities. For those of you who have participated in the past and are wondering – YES, Bill will be back this summer! He's got a whole list of projects planned and is looking forward to seeing you all.

Session 1: June 24-July 10: Creative Thinking Under Construction



Tuesday & Thursday only from 1-4pm

Session 2: July 29-August 14: Environmental Experiences



Tuesday & Thursday only from 1-4pm

Cost: One 3-week session from 1-4pm: \$450



Individualized Instruction Program

Ages: 3 and older

Dates: 7 weeks from June 23-July 17 & July 28-August 17 (No week of July 21-24)

(Choose your days and times—see registration form for details)

Description: Individualized Instruction provides an opportunity for children to engage in 1-1 instruction and activities designed to meet their individual needs. Students receive an individualized program, which can include participation in Horizons CAMPS activities with 1-1 support, with certified professionals overseeing the development and implementation of each program. This program is appropriate for students with significant behavioral, sensory regulation, communication, motor, and/or learning needs. **Open to all individuals involved in a family-based program at Horizons OR those involved in the RDI® Program with a consultant outside of Horizons.** (This program is available year round—please call for details)

Cost: Half-day sessions (9-12 or 1-4): \$110 per half day

Full-day session (9-4): \$240 per full day

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Speech Therapy

Ages: Any

Dates: Scheduled on an individual basis

Description: Do you want to use the summer months to make improvements in your child's speech and language? Click here for information on our Speech and Language Program: <http://www.horizonsdrc.com/needs/speech-problems>

Cost: \$125 per hour



Feeding Therapy

Ages: Any

Dates: Scheduled on an individual basis

Description: Looking for a way to tackle your child's feeding issues over the summer months? Click here for information on feeding problems and therapy to address them: <http://www.horizonsdrc.com/needs/feeding-problems>

Cost: \$800 for six 1-hour sessions



Cluster Coaching Program—Introduction Session

Ages: Any

Dates: 8 sessions scheduled bi-weekly over a four-month period— A Monday Evening Session & Wednesday Morning Session offered
Monday Evenings 6:30-8pm: 7/21, 8/4, 8/18, 9/8, 9/22, 10/6, 10/20, 10/27

Wednesday Mornings 9:30-11am: 7/16, 7/30, 8/13, 8/27, 9/10, 9/24, 10/8, 10/22

Description: Boost your competence as a parent and take your understanding of your child's disability to a new level. Join a Cluster Coaching Group. Get your family on the path to less stress and learn new tools for positively impacting your child's development. The next Cluster Coaching Introductory Group begins in July and runs through October.

Click here for more information: http://www.horizonsdrc.com/files/Cluster_Promotion_Summer_2008.pdf

Cost: \$500 for 4-month program



Cluster Coaching Program—Feeding Session

Ages: Any

Dates: 8 sessions scheduled bi-weekly over a four-month period

Thursday Afternoons 3-4:30pm: 7/17, 7/31, 8/14, 8/28, 9/11, 9/25, 10/9, 10/23

Description: Looking to learn more about why feeding is such a struggle for your child? Interested in learning strategies that actually address the problem while building trust and strengthening your relationship with your child? This group is for parents only, and meets from July to October. Participants will receive "feed bags" to take home and experiment with after each session. Click here for more information: http://www.horizonsdrc.com/files/Feeding_Cluster_Info_Summer_2008.pdf

Cost: \$525 for 4-month program