



IT'S HERE - Your chance to begin learning research-based strategies to positively impact your child's development, reduce your stress level, and improve quality of life for your whole family!

You must register soon...we can only accept a limited number of families for the Spring session, and some of the slots are already filled!

If you are looking for a way to **learn more about your child's needs** and apply research-based **strategies to improve development** – all while **simplifying your life** and **improving the quality of life for your whole family**; then you definitely want to sign up for our Cluster Coaching program! This program is designed for **parents just like you** who want to learn more about specific issues impacting their child's development and strategies to address them, but are not ready or able to commit to an individualized family program.

We know you want to keep up on what the **most current research** says about **autism and related neurological disorders**. But let's face it - scientific journals can make for difficult reading and who has the time? **You don't have to be a victim of misinterpreted and inaccurate information out there on the Internet or in the mass media!** We stay up to date on the most recent and relevant research in the realm of autism and neurological impairments, and are ready to share it with you in ways that are meaningful to your life with your child.

Be prepared to understand your child's disability, needs, and potential in a completely new light – and become empowered to help your child grow by leaps and bounds in the process!

Professional staff members with **expertise in child development, autism, parent/family consultation, and the Relationship Development Intervention (RDI®) program** lead all Cluster Group sessions. Over the course of your Cluster Group experience you will get to know these professionals well as they provide instruction, facilitate group activities, and respond to your questions and concerns.

Here's a preview of some of the incredibly important topics you will be learning about in your Cluster Coaching Group:

- What the research says about the **Core Deficits** of autism and why you must understand them before making treatment choices for your child
- What you need to know about **Co-Occurring Conditions**
- How to improve your **Communication** with your child – and your child's communication with you
- The importance of **Guided Participation** and how to establish a more positive parenting relationship with your child
- Why it is critical for you to understand the **Developmental Processes and Foundations** that lead to effective communication, flexible thinking and problem solving, meaningful relationships, and independence
- What does it mean for your child and family to have a satisfying **Quality of Life** – and how can you achieve that?

Maybe you're thinking – *“this all sounds great, but we've heard about and tried so many things and don't want to waste our time and money on something that ends up being yet another disappointment.”* **You're not alone!** Many families are hesitant to invest time and money into programs for fear that they won't learn anything new or that there won't be tangible benefits for their child and family. That's what makes Cluster Coaching such an awesome opportunity:

You have the opportunity to learn about the research in meaningful ways, explore the concepts of remediation (correcting deficits), and begin using some tangible strategies to impact your child's development – **all with minimal time and financial investment.**

The Introductory Cluster Coaching Group is not about teaching you all there is to know about remediation, and every strategy you need to move your child forward – that takes a lot more than 8 sessions! What the Introductory Cluster will do is **give you the foundations you need to understand what it means to correct the deficits of autism and help you get some beginning strategies under your belt.** It will also allow you to determine if a remediation philosophy and our core program elements are a good match for your family.

Where else do you get to try a treatment model and clinic on for size while learning great content and meeting awesome parents like yourself in the process?

Still on the fence? **Listen to what other parents have to say** about their experience in the Cluster Coaching program at Horizons:

“One of the best things about the group is learning about remediation with others and realizing that even though our children are very different, the core issues are the same. Sharing our daily struggles is also therapeutic for me.”
-Kellie Ashcroft (Grant, MI)

“We chose the Cluster Coaching program because it is an affordable way to learn more about what we can do to help our son.”
-Phil & Brandy Goodwin (Otsego, MI)

“My experience in the Cluster Coaching program has been excellent! I’ve learned a lot and, more importantly, I’m accepting the ASD label for my child.”
-Colleen Nelis (Holland, MI)

Now that you've read about how joining a Cluster Coaching Group will get you on the path to positively impacting your child's development, reducing your stress, and improving the quality of life for your family **all you need to do next is decide which Cluster Group works best with your schedule.**

Spring 2008 Cluster Coaching Options

Monday Evening Group: 6:30-8:00 PM; March 17 & 31, April 14 & 28, May 12, June 2, 16, & 30

Thursday Morning Group: 9:30-11:00 AM; March 20, April 3 & 17; May 1, 15, & 29; June 12 & 26

To ensure a high quality experience, **Cluster Coaching Groups are limited to 6 families each.** These groups will fill quickly and some spots are already taken!

Reserve your spot before February 28th and we will take \$50 off the cost of your program – that means your investment for this supportive, learning-filled opportunity is only \$500!!

Enrolling in the Cluster Coaching is a **highly cost-effective** way for you to begin the process of really understanding and treating the obstacles facing your child. We are confident **you will not find higher quality education, support, and strategies anywhere** – and certainly not for this price! Why do we keep the price for this incredible program so low? The #1 reason is that we don't want price to be a factor in helping families get on the path to significantly improving their child's and family's quality of life. At this price you simply cannot afford to let this opportunity pass you by.

Contact us today to reserve a spot in your first-choice time slot: (616) 698-0306 or email cluster@horizonsdrc.com.

Have more questions or need additional information? Email us anytime, or call us Monday – Friday between 8:30 and 5:00. We'll make sure you have everything you need to **make the best possible choice for your family.**

We look forward to seeing you in March for your first Cluster Coaching session!